



Parent Session

Aims and Outcomes

- Understand why the programme is taking place;
- Be inspired by the vision of **Life to the Full**;
 - Develop a broad understanding of the programme content;
- Know where further information about the programme content can be accessed.

Vision



Programme STRUCTURE

- EYFS
- Key Stage One
- Lower Key Stage Two
- Upper Key Stage Two

Module 1
Created and
Loved by God



- Units:**
- Religious Understanding
 - Me, My Body, My Health
 - Emotional Well-being
 - Life cycles

Module 2
Created to
Love Others



- Units:**
- Religious Understanding
 - Personal Relationships
 - Life Online
 - Keeping Safe

Module 3
Created to Live
in Community



- Units:**
- Religious Understanding
 - Living in the Wider World

Module I: Created and Loved by GOD



Module One: Created and Loved by God explores the individual. Rooted in the teaching that we are made in the image and likeness of God, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.

Module I: Created and Loved by GOD

Story Sessions: Each learning stage focuses on a different Gospel story, which is repeated in various ways over the week, giving rise to times of discussion, imaginative reflection and creative response, for example, in Key Stage One children will hear and reflect on the story of Jesus telling the little children to come to Him and through imaginative reflection will put themselves into the story to experience Jesus' call personally. In Upper Key Stage Two, the story is that of Jesus calming the storm, and is used to reflect on how whatever might come their way through puberty and beyond, Jesus is with them and will help them.



Module I: Created and Loved by GOD

Early Years Foundation Stage:

- Our uniqueness in real terms
- Celebrating difference and individual gifts, talents and abilities
- Looking after and using our bodies (including vocabulary around this topic)
- The necessity of when and how to say sorry in relationships
- A basic exploration of Jesus's forgiveness and growing up as God's plan for us



Module 1: Created and Loved by GOD

What makes us DIFFERENT?

- Eye colour
- Hair colour
- Height
- Body shape
- Skin colour
- Age
- Gender
- Clothes

- Language/Accent
- Type of family
- Gifts and talents
- Favourite things

Leona

I'm Leona and I'm 6 years old. I've got curly brown hair which Mum always says looks like its been dragged through a hedge backwards. I've got two older brothers who are twins. My favourite colour is yellow like the sun. Can you guess what my favourite thing to do is?

Some of those things are cool, but my favourite thing to do in the world is climb trees with my brothers. They're taller than me so can help me up to the higher branches!

The Cycle of LIFE

Can you help SUSIE?

What should she do? - TEETH BRUSHING

- ★ Brush your teeth twice each day, for around 2 minutes
- ★ Visit the dentist every 6 months
- ★ Brushing properly removes plaque - which can cause cavities (holes), toothache, gum disease and even our teeth to fall out
- ★ It also gives us lovely fresh breath and stops our teeth feeling fuzzy!

- Happy
- Sad
- Angry
- Scared
- Bored
- Sleepy
- Disgust
- Calm

Key Stage One:

- We are uniquely made by a loving God;
- We have differences and similarities;
- Key information about staying physically healthy;
- Understanding feelings and emotions, including strong feelings such as anger;
- The cycle of life from birth to old age.

Module I: Created and Loved by GOD

Lower Key Stage Two:

- Understanding differences;
- Respecting our bodies;
- Puberty and changing bodies;
- Strategies to support emotional wellbeing including practicing thankfulness;
- The development of pupils' understanding of life before birth.



Module I: Created and Loved by GOD

Making BABIES



Peculiar FEELINGS



Menstruation



Gifts and TALENTS



Spots AND Sleep



Upper Key Stage Two:

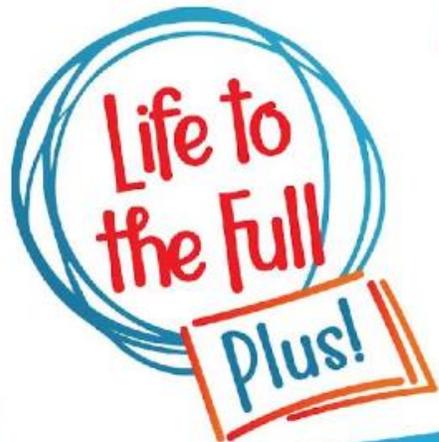
- Appreciation of physical and emotional differences;
- A more complex understanding of physical changes in girl and boys bodies;
- Body image;
- Strong emotional feelings;
- The impact of the internet and social media on emotional well-being;
- A more nuanced and scientific understanding of life in the womb and how babies are made;
- Menstruation.

Module 1: Created and Loved by GOD

Paradise Street is an original drama series for Upper Key Stage Two which follows the story of 4 friends – Finn, Leyla, Marcus and Siobhan – who have different personal and social experiences related to growing up and puberty. Each episode lasts about 10 minutes and is followed by a time of teacher-led discussion with the pupils. Each session also includes an episode of “**Delving Deeper into Paradise Street**” in which two fun presenters explore the issues in the drama and provide some teaching for pupils (which also acts as guidance and support for teachers). Each concludes with a time of personal writing in a **Module 1 Workbook** which will help the pupils to digest and personalise the teaching.



Life to the Full PLUS in Module 1



The Life to the Full Plus Sessions and Classroom Short videos for Module 1 focus on TRANSITION and CHANGE.

From EYFS to UKS2 children will follow a journey which explores:

- Starting school and identifying changes to come.
- Learning how to prepare for future changes alongside celebrating how they have already changed and grown.
- Reflecting on change now they are older.
- Feelings around big changes will feature, and children will learn how to prepare for new changes, including some coping strategies and how we can learn to rely on the constancy of God.
- A celebration of the journey of change pupils have been on.
- Looking forward to upcoming changes including the transition to secondary school.
- God's presence with us throughout our lives, and how this helps us to cope with change of all kinds.

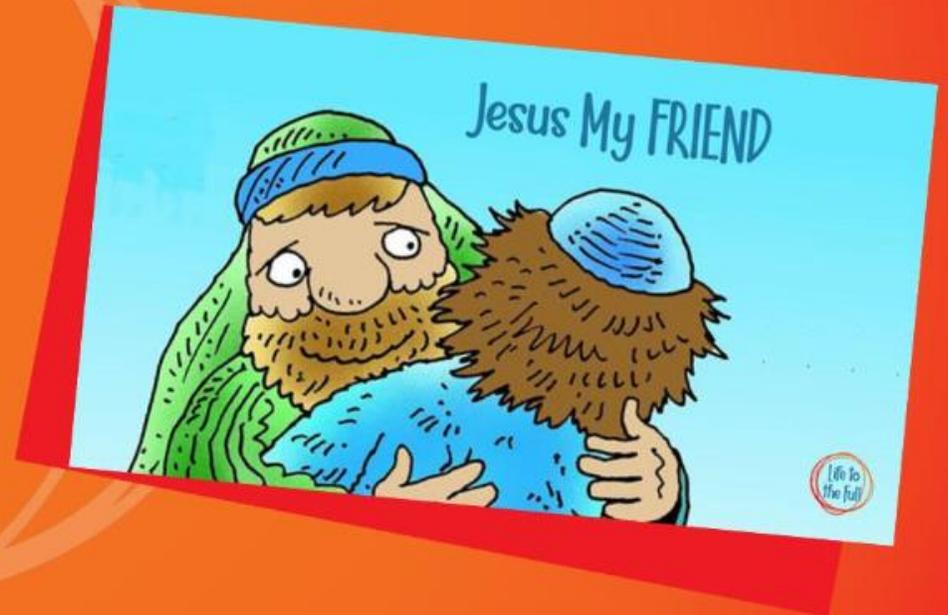
Module 2: Created to Love OTHERS

Module Two: Created to Love Others explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this Module explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe both online and in our daily lives.

Module 2: Created to Love OTHERS

Gospel Stories

At the start of each learning stage, we begin with a series of story sessions based on a key Gospel story which provides the religious foundation for the teaching that will follow. For example, through an imaginative retelling of the Prodigal Son, children deepen their understanding of the concept of sin and the importance of forgiveness in relationships.



Module 2: Created to Love OTHERS

Early Years Foundation Stage:

Unit 2: Personal Relationships

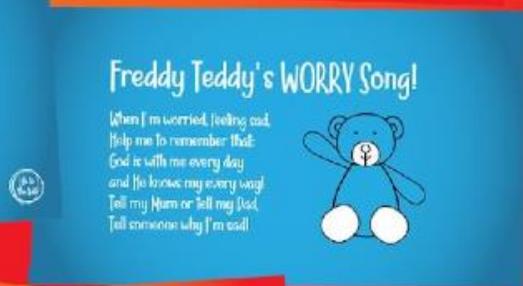
- Vocabulary to identify different family/friend relationships
- The features of positive/negative behaviour in relationships
- The importance of resolving conflict and asking for forgiveness where necessary

Unit 3: Life Online

- Introducing the internet
- Recognising both positives and negatives of internet use
- Learning some basic rules to help them stay safe online.

Unit 4: Keeping Safe

- Practical ways to stay safe inside and out
- Staying safe around medicines
- People who help us in emergencies



Module 2: Created to Love OTHERS



Key Stage One:

Unit 2: Personal Relationships

- Special people in their lives who they love and can trust
- Coping with various social situations and dilemmas
- The importance of saying sorry and forgiveness within relationships

Unit 3: Life Online

- Learn to recognise safe and unsafe situations online
- Develop an understanding that not everything presented to them online is true

Unit 4: Keeping Safe

- The risks of being online (incorporating 'Smartie the Penguin' from Childnet)
- The difference between good and bad secrets
- Teaching on physical boundaries (incorporating the PANTS resource from the NSPCC)

Module 2: Created to Love OTHERS

Lower Key Stage Two:

Unit 2: Personal Relationships

- Children to develop a more complex appreciation of different family structures
- Activities and strategies to help them develop healthy relationships with family and friends
- Techniques for managing thoughts, feelings and actions

Unit 3: Life Online

- Incorporates some NSPCC resources around online safety
- Thinking critically about the content we encounter in the digital world, including in the media
- How to report and get help if children encounter inappropriate messages or material

Unit 4: Keeping Safe

- Teaching on bullying and abuse through a series of animated stories
- Children learn in greater depth about the effects of drugs, alcohol and tobacco and how to make good choices concerning these as they get older



Module 2: Created to Love OTHERS

Upper Key Stage Two:

Unit 2: Personal Relationships

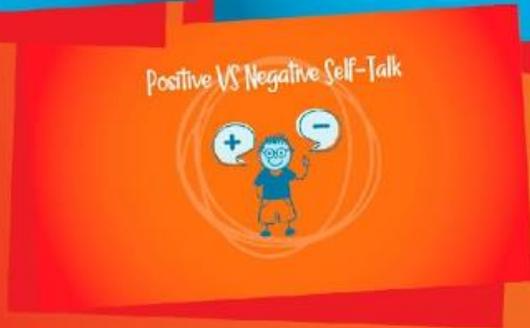
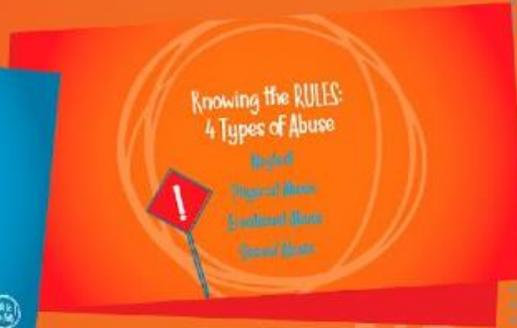
- Equip children with strategies for more complex experiences of relationships and conflict
- Identify and understand how to respond to spoken and unspoken pressure
- The concept of consent
- Further teaching on how our thoughts and feelings have an impact on how we act
- The concept of fairness is introduced, where pupils will consider what bullying, prejudice and discrimination are.

Unit 3: Life Online

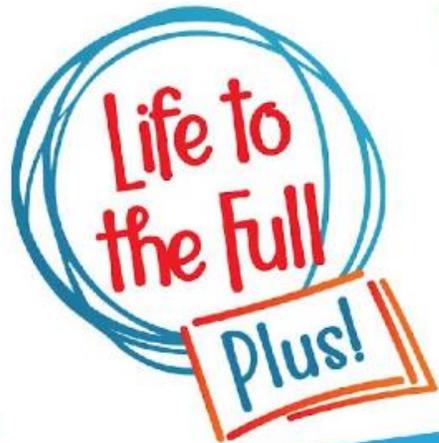
- Risks of sharing and chatting online
- Equipping children to make safe and sensible decisions about what online content they should/shouldn't share

Unit 4: Keeping Safe

- A more complex understanding of different forms of abuse
- How drugs, alcohol and tobacco can negatively affect people's lifestyles and the body's natural functioning



Life to the Full PLUS in Module 2



The main content for Life to the Full Plus in Module 2 are the numerous Classroom Short videos available for LKS2 and UKS2 enhancing the existing Life to the Full sessions, covering topics such as critical thinking; safety out and about; prejudice and discrimination; types of abuse and the law.

In addition to this, LKS2 will have the opportunity to explore **Rights and Responsibilities** through a session and associated Classroom Short videos. **This session identifies legal rights, discuss scenarios where these are compromised, and offers an opportunity for pupils to consider how their own responsibilities relate to rights. The session celebrates diversity and how we all play a part in the Body of Christ.**

Module 3: Created to Live in COMMUNITY

Module Three: Created to Live in Community explores the individual's relationship with the wider world. Here we explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.

Module 3: Created to Live in COMMUNITY



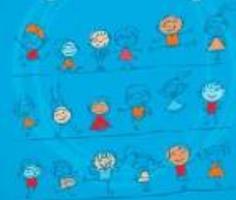
The Communities we LIVE in



WHO is my Neighbour?



Community



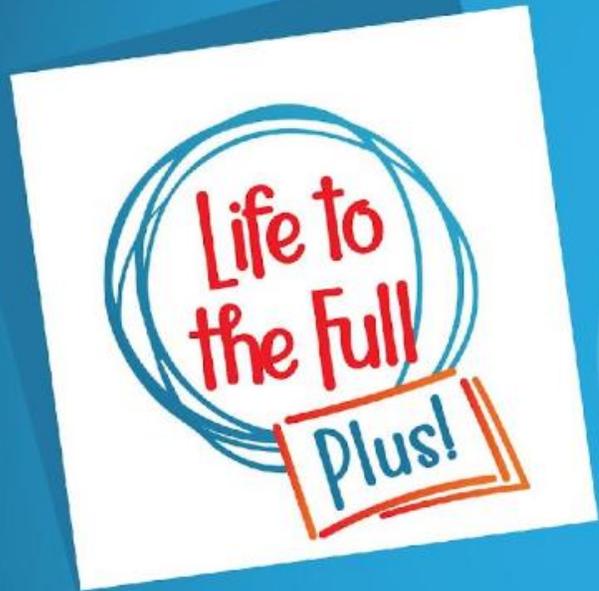
Unit 1: 'Religious Understanding'

At every key stage children will learn that just like the Holy Trinity of God we are called to live and love in community. We are called to love God and love others.

Unit 2: 'Living in the Wider World'

At every key stage, the religious understanding from Unit 1 is applied to real-world situations, such as the community we live in, and through exploring the work of charities which work for the Common Good.

Life to the Full PLUS in Module 3



In Life to the Full Plus Module 3 each key stage has Unit 2 'Living in the Wider World' Sessions and associated Classroom Short videos on the topics of Careers and Money.

CAREERS

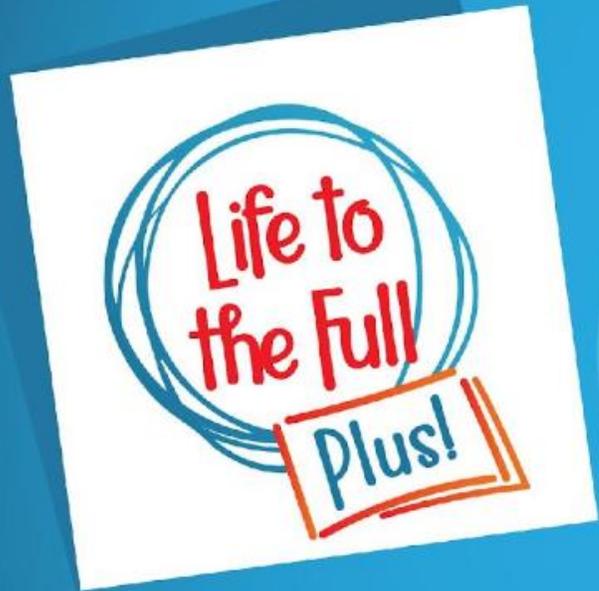
EYFS: Children will begin to explore the working world of jobs, focusing on their current strengths and aspirations.

KS1: Children will understand more about the purpose of work and the harmful impact of gender stereotypes in the workplace, alongside an introduction to the concept of vocation.

LKS2: Further learning on careers considers where value will be placed on how school and on-going learning options contribute to our future work opportunities.

UKS2: A deeper exploration of the world of work: getting and changing jobs, aspiration and goal setting, gender stereotypes, unemployment and more will be explored.

Life to the Full PLUS in Module 3



In Life to the Full Plus Module 3 each key stage has Unit 2 'Living in the Wider World' Sessions and associated Classroom Short videos on the topics of Careers and Money.

MONEY

EYFS: Money is introduced - this is underpinned by the religious understanding that our identity, value and worth comes from God.

KS1: Children will consolidate learning about what money is and will explore the choices we have with our money.

LKS2: Building on the theme of stewardship, pupils consider financial stewardship through budgeting activities, discussions about the pros and cons of different payment methods and learning about financial risks.

UKS2: Children consider what influences our money choices, including God's call to live generously. Additionally, children will consider why some people have more than others, developing an awareness of fairness and justice.



KEY Decisions

Key Decision #1: Genitalia

Genitalia is not named in Early Years Foundation Stage, private parts are merely referred to as 'privates'.

In Key Stage One Module 1 Unit 2 Session 3: Girls and Boys genitalia is named.

If young children are better able to confidently articulate about private body parts, they are better equipped to identify experiences of feeling uncomfortable if any form of abuse takes place.

Key Decision #2: Puberty

In Module 2 of Lower Key Stage Two, we have provided two sessions on puberty: What is Puberty? and Changing Bodies. These are taught in Y4.

The NHS website says the following:

“The average age for girls to begin puberty is 11, while for boys the average age is 12. But it's different for everyone.

It's completely normal for puberty to begin at any point from the ages of 8 to 14.

The process can take up to 4 years.”

Key Decision #3: Life Cycles

In Lower Key Stage Two, Module One, Unit 4, there is a session called Life Cycles in which children learn about the human reproductive system. However, it does not discuss sexual intercourse.

This teaching is given in the context of being created, chosen and loved by God; the session concludes with a meditation, giving children the opportunity to reflect on how they have been wonderfully made and to understand that they are formed of body and soul.

Key Decision #4: Talking About Pornography

One of the sessions in Upper Key Stage Two, Seeing Stuff Online, addresses the risks that children face from seeing explicit images and videos online.

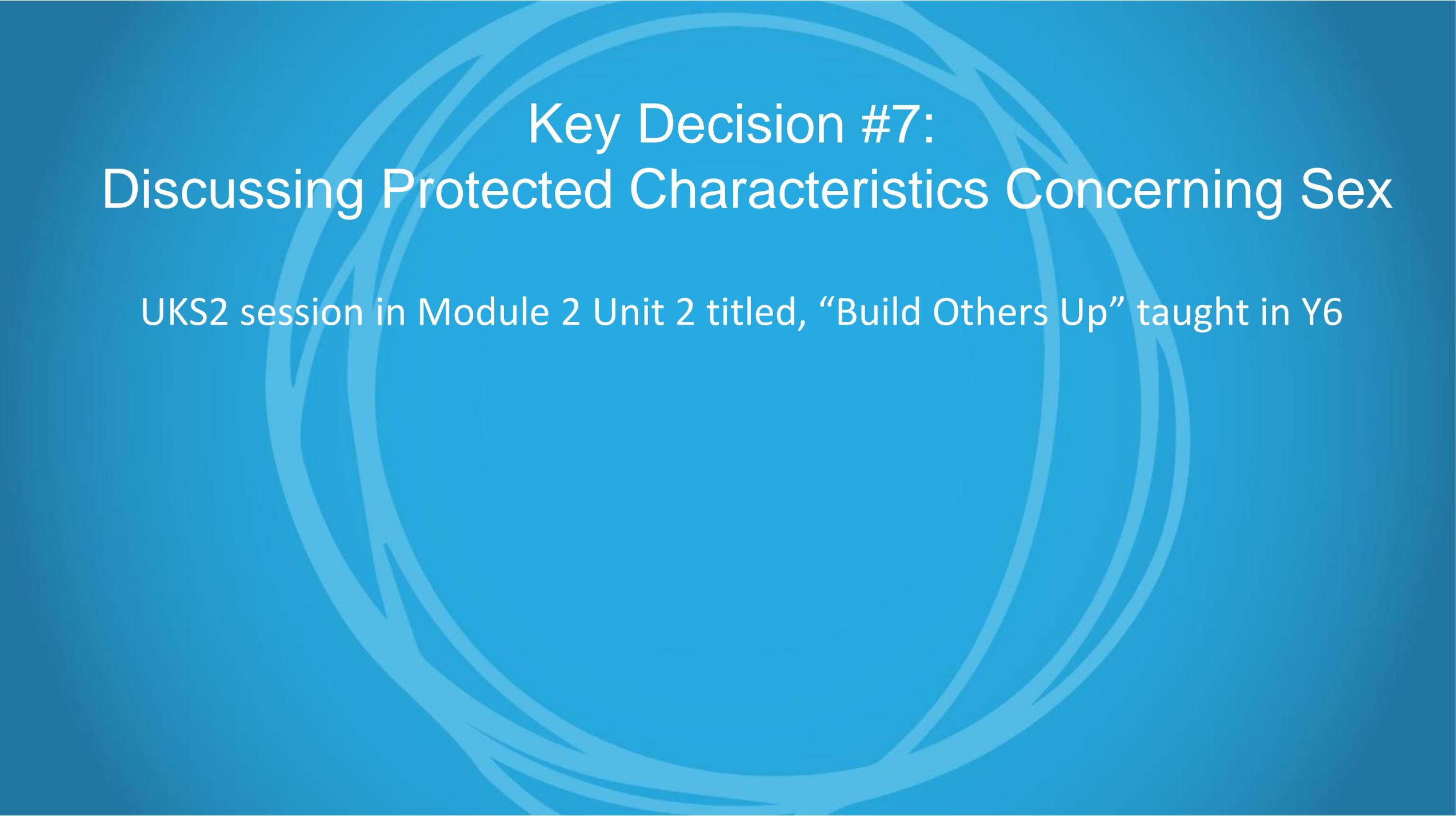
Taught in Y5 & Y6.

Key Decision #5: Talking About Sex

Making Babies Part 2 session in Upper Key Stage Two answers the question:
'Where do babies come from?' – Taught in Y6

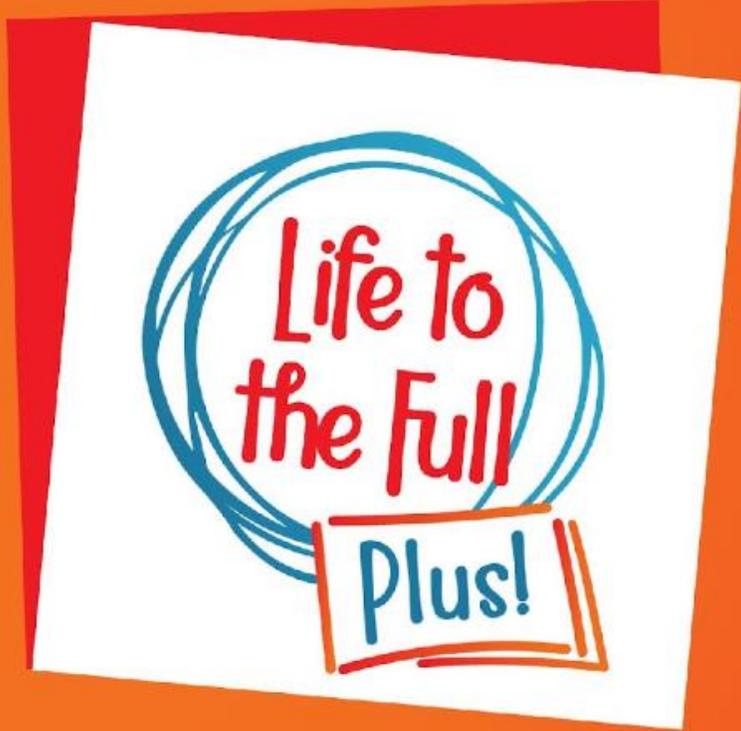
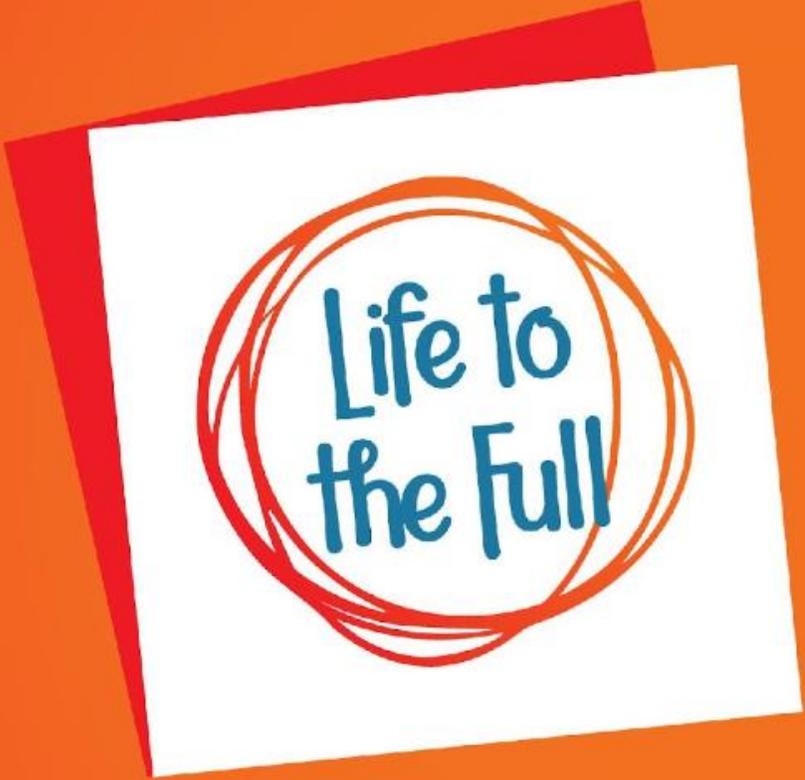
Key Decision #6: Female Genital Mutilation (FGM)

The Life to the Full programme offers schools the opportunity to include teaching on FGM at KS1, LKS2 and UKS2, as part of Unit 4: Keeping Safe which is part of Module 2: Created to Love Others



Key Decision #7: Discussing Protected Characteristics Concerning Sex

UKS2 session in Module 2 Unit 2 titled, “Build Others Up” taught in Y6



Online PARENT Portal

- Further information
- Activities for home learning
- Links to family prayers

www.tentenresources.co.uk/parent-portal



Parent Session