

## 5th Sunday in Ordinary Time

The Gospel this week uses two simple but powerful images: salt and light. Salt brings out the best flavour in food. Light makes things clear and bright. Jesus tells his followers that they should do the same in the world. Being a Christian is not just about personal faith. It is about making a difference. Good actions glorify God. When people live with kindness, honesty, and love, they bring out the best in others. They help spread the message of Christ. Jesus also gives a warning. If salt loses its flavour, it is no longer useful. In the same way, if Christians do not live out their faith, they are not fully being who they are called to be. They cannot just talk about faith. They have to live it. The reading is a call to action. It reminds people to be a good influence on the world. By living with love and purpose, they can help bring the light of Christ to others. Living as salt and light is not always easy, but this week reminds us that our actions can make a difference. Faith is not just about words—it is about how people live every day.

### Theme of this weekend's Gospel:

Our faith should impact our lives and the lives of those around us. This week's assembly reminds children that they are the salt of the Earth, called to bring out the best in others through their words, actions and faith in Jesus.



### Going forth for this weekend's Gospel:



This week, Consider ways you can be the salt of the Earth in your interactions with others this week

### This month's Virtue to Live By

Our Virtue to Live by:

### Forgiveness

I accept God's forgiveness.

I show my love for God by forgiving others and myself.

I let go of my hurt feelings and give myself a new start.

I give others a new start.

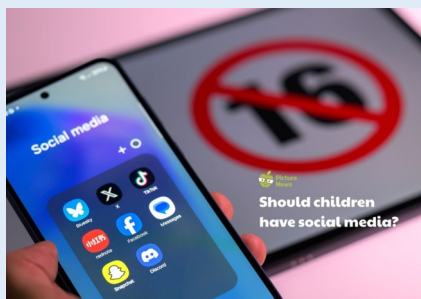
*"Forgive as the Lord forgave you," (Colossians 3:13)*

**Prayer Intentions:** This week we pray for the soul of Harvey Willgoose, for his family and for the All Saints community as the first anniversary of his untimely death approaches. May he rest in peace.

**Collective Worship Newsletter:** Please find the newsletter for February by clicking on this link:

## Picture News - Safer Internet Day

**Story:** Adults in the UK are talking about whether children under 16 should be allowed to use social media, as the government is considering new rules to help keep children safe online. **Question:** Should children have social media?



## Catholic Social Teaching - Children's Mental Health Week

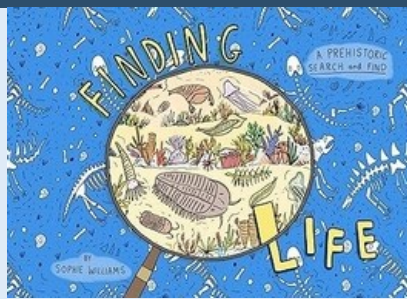
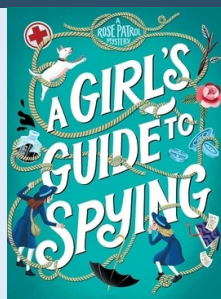
This week is Children's Mental Health Week. The theme this year is 'This is my place', focusing on children's sense of belonging.

### Catholic Social Teaching Principles:

Solidarity (Showing we care)



## Book Recommendations



## Prayer of the Month

Our prayer for February is:

### An Act of Contrition

O my God,  
because you are so good,  
I am very sorry that I have sinned against you,  
and with the help of your grace,  
I will not sin again.

**Word of the week:** Diversity

# Information / Messages

**Pyjama Day:** Thank you for your donations. We raised £152, which has been used to order new books for the school library.

**Y6 Workshop:** Parents are invited to join Y6 for a bridge building workshop on Thursday 12th February at 2pm.

**Lent:** Lent begins during half term on Wednesday 18th February. A programme of events taking place during Lent will be sent home later this week.

**Inset Day:** School will be closed to pupils on Monday 23rd February due to an inset day. School reopens for pupils on Tuesday 24th February.

**Discos:** The FOSM have organised discos for the children on Friday 27th February (see timings below). Tickets and further information will be available on ParentPay later this week.

**Y3 / Y4 Trip:** There will be a visit to Magna for Y3 & Y4 on Tuesday 24th February. Children are asked to arrive no later than 8.30am, dressed in school uniform and wearing comfortable footwear. They will also need a packed lunch (unless in receipt of Free School Meals), snack and a water bottle.

**World Book Day**— for St. Mary's this will take place on **Wednesday 4th March** - please see the letter attached.

## Dates for your Diary

### Monday 9th February

Beginning of Children's Mental health week  
Start of Y5 swimming

### Tuesday 10th February

Safer Internet Day

### Thursday 12th February

Y6 weights and measures  
2pm—Y6 bridges parent workshop

### Friday 13th February

Choir visit to St. Marie's Cathedral  
Break for half term

### Monday 23rd February

INSET Day - school closed to pupils

### Tuesday 24th February

Y3 & Y4 Trip to Magna

### Thursday 26th February

3pm YR Lent Prayers

### Friday 27th February

9.30am Lent Mass in church  
Good Shepherd Event - Name the Bear  
3.15 - 4.00pm YR, Y1, Y2 Disco  
4.15 - 5.00pm Y3-Y6 Disco

### Wednesday 4th March

World Book Day (for St. Mary's)  
8.45am Reading Morning

### Thursday 5th March

3pm Y1 Lent Prayers

### Friday 6th March

Good Shepherd Event - Bun Sale

### Monday 9th March

3pm Y2 Lent Prayers

#### Good Work—PE

Nancy E, Teddy T, Dahlia BC, Aoife A, Rebecca S, Kian H

#### Stars of the week

Christopher R, Cillian H, Sophie B, William H, Annabelle A, Jake P

#### Hot Chocolate

Edward KW, Ozzy T, Phoebe P

#### School Council Star

Mrs Lloyd

#### Mini Vinnie Award

Arabella C

#### Acts of Kindness

Leo R, Harvey C, Jax H, Phoebe P, Zayn M, Rocky G, Eimear K, Rosie GS, Joseph H, Violet G, Kanan G, Eimear K, Charlie, Teddy, Henry

#### Reading Awards

**Lexia** – Benji A, Olivia B, Zara J, Willow L

**10,000** - Cillian H, Ava H; **250,000** - Merryn TW, Rebecca S, Jake P; **500,000** - Lucas T

**Reading for Pleasure**— Elizabeth B

#### Maths Awards

**Numbots**— Cillian CP, Sebastian W, Chichedom A, Rosie GS, Christopher R, Elspeth C

**TT Rockstars—Improved speed:** Leo R, Caspian G, Eimear K, Emilia A, Reggie H, Finley C, Darcie F, Chidindu A, Joseph E, Samuel RH, Freddie J, Leo HD, Leon P, Jacob H, Zayn M, Jax H, Jacob A, Annie BB, Harvey C, George SS, Rebecca S, Colby L, Callum B

**Support Act** - Leo R; **Rock Legend**—Eimear K;

#### Vocab Ninja

Christopher R, Isla R, Emilia A, Eleanor R